I am my Father's Beloved Son, so today, I invite God to be near me by praising him and his name, because the Bible declares "You are holy, enthroned on the praises of Israel" (Psalms 22:3) and to "Enter his gates with thanksgiving and his courts with praise." (Psalms 100:4) I praise Jesus into my life, heart and this space right now.

Praise God as you begin
Practice Benevolent Detachment
List what you're thankful for

While in God's presence, I am transported to his throne, where only peace, joy and pure worship reign eternally. I am brought, by faith into his presence, and he at the same time is brought down to me, his lowly servant.

I acknowledge I have no business being in his presence, except by the blood of the Lamb and Holy Spirit who makes it possible for God to be here in the darkness and darkest places of the world and deepest places of my heart and soul. Again, I am my Father's Beloved Son.

I pray only Jesus and his blood is in between me and God and the world and pronounce I am made worthy to receive God's presence. I now ask God to reveal anything that is or may be in between me and him, separating the two of us. Remembering the separation is never from him to me, but me toward him. I confess any known sins, unholy thoughts, or ongoing distractions along with anything not in my control. I include worries, anxieties, dark feelings, comparison, FOMO or cynical attitudes. After confession and receiving forgiveness, I claim purification, perfection, and full innocence by the shed blood of Christ, right now. Take a minute or two of silence right now...

And so today in this moment I surrender all. I give up my little agenda I have planned for the day. I absolutely look no further than one day, because overnight my lamp went out. I don't have any more fuel and dare not begin my day without asking for a fresh supply of oil and an outpouring of Holy Spirit over and within me. I receive my oil right now in this moment. *Pray and ask...* 

# I can now pray Holy Spirit would flow into me unhindered and unlimited, from this moment and for the rest of the day.

I pray a protective prayer around my household, family and kingdom today. I put a stake in the ground declaring God's presence over and within my kingdom and all who are influenced by it.

For Sabbath, go to end of document.

I have no place to go, no task to cross off my to-do list and no calendar item that isn't submitted to him. Every moment of this day is surrendered to his will to be worked out in

my life. I give up control or the need for control. Every person and every place and every event are not just allowed but predestined into my life today. However, I am especially predestined to mission today.

Father, I submit and surrender my dreams and goals fully to you. You have pointed me in a direction and have left me to work out most of the details *but I am capable of more than I know*. So, yes, a plan is in place but it must be <u>your</u> plan for me and in your time. Holy Spirit direct me this day and guide my footsteps, bringing divine appointments into my path. Keep my mind focused and listening to your quiet voice speaking to me <u>any way you like</u> all day long.

Jesus, I claim the promise of Holy Spirit because it belongs to me as much as it did the first disciples. I understand this promise has conditions so I do not want to just talk about you nor about Holy Spirit, without getting any benefit.

Please help me to fully surrender my soul to be controlled by all heaven has for my benefit. I dare not try to use Holy Spirit but be used by him. I agree to "will and to work according to your good purposes" today. [see Philippians 2:13] Please keep me from managing myself. I humbly wait and watch for your guidance and grace in order to fully receive Holy Spirit. Your power is at my command and I receive it now in order to bring all other blessings. It's the riches and grace of Christ that enable this wonderful gift and my prayer is that my soul's capacity to receive is enlarged today.

I want to fully use the oil in my lamp to shine brightly to give my world a beacon of truth and love throughout my day as your Beloved Son.

I live for eternity and from an eternal perspective my life is only vanishing grass in a windy field, a vapor in the wind and a wave on the vast ocean that comes and goes. I make decisions based on this fact and move forward in the sliver of time allotted to me in this brief life. The reality of eternity enables me to live fully in <a href="this present moment">this present moment</a> like nothing else can. Therefore, I take more risks, I experiment more, I move forward in mission and I fear nothing. Because really, truly, this could be my last day and I just may not have tomorrow. Let me make decisions and live based on one day.

Here in my quiet time I endeavor to: invite God's presence; seek his wisdom and will for my life today; nourish my soul with his word – to receive in order to give back; to pray for others who need God's intervention and presence in their lives, in fact spending more time here than anyplace else in prayer.

Finally, declaring over me the following:

I have the tools and with focus, dedication, and hard work will gain by God's power and favor, true wealth to provide for my family like never before in my life. He will go before me as he did the children of Israel (see Deut. 31:1-8)

I live from a place of rich divine abundance, not human scarcity. Holy Spirit has absolutely no limit and can never be exhausted or run out. The only way God's abundant and rich presence is limited is because of my unbelief, disobedience or doubt and I refuse to give any space to any of those and all that comes in their wake.

Because "Every good and perfect gift is from above, coming down from the Father of lights" (James 1:17) I receive the following for myself:

#### Wisdom

I ask for and receive heavenly wisdom today. I don't need a strong intellect or superintelligence to be wise. Wisdom, according to the Bible, is preferred, and according to the Bible readily available. I just need to ask for and apply it, knowing it never negates my ability to think.

I am a man of wisdom. I humbly receive and wield heavenly wisdom today. God freely – generously and ungrudgingly – gives of his wisdom, to me because I asked. *I am capable of fully using the wisdom God gives me for just today. Pause and quietly ask...* 

# Humility

Because God opposes the proud, I will always know my place and continually ask God to keep me humble as <u>he</u> sees fit. The path to greatness is the path of humble service. I don't need credit or to always be seen. I am willing to take the low seat at the table while lifting others up, seeing others as better than myself. I am quietly humble today: powerful, yet humble; even dangerous, yet humble. *Pause and quietly ask for a spirit of humility...* 

# Authority

"I have given you authority" you said in Luke 10. You have given me authority and I now bring the authority, rule and dominion of the risen Christ into my life, my prayers and my day. By the delegation of your authority TO me, I wield it on your kingdom's behalf with all wisdom and humility.

#### **Discipline and Strength**

Both God's discipline and his strength are freely given to me and I freely receive them today. I am disciplined because Jesus was while on earth. I am strong because he is the source of any strength I bring to my world. My strength is God's strength and my weakness is swallowed up in it.

#### **Death to Self**

Along with the surrender already mentioned, I also die to myself and the world today – what can man to do me? I do not fear death because it is no longer I who live, but <u>Christ</u> lives in me. As long as he lives in me, I cannot fail and I cannot be stopped. His perfect will for my life today will manifest to my world because everything about me is gone. I am crucified with Christ, and I take up my cross today. I am dead to my own agenda. Only he remains as I agree with John the Baptist that *he would increase, and I would decrease*. Amen

#### The Armor of God

I put on the armor afresh today as your son, the armor of God: shoes of the gospel of peace, whereby I can move in step with your Spirit; a belt of truth, whereby I love the things you love and I hate the things you hate; a breastplate of righteousness, whereby I choose what you choose and I refuse what you refuse. I put on the helmet of salvation, whereby my hope is seated and established in the Kingdom to come and the place that you have carved out for me. My hope is in the intervention of Heaven today. I take up the sword of the Spirit, that you would arm me with the Word of God; and the shield of faith, whereby I am sure of what I hope for and certain of all that I do not see. I put it on. I join the brotherhood of warring and standing against principalities and powers opposed to God's kingdom, along with other men's freedom today. In Jesus' name, amen.

# **Answer the Following Questions as You Start Your Day:**

What hard thing(s) will you do/have you done today?

How will you spend the rest of your quiet time?

What are the **top three tasks on your plate today, with <u>one being non-negotiable</u>, ensuring a sense of achievement when you hit the pillow tonight?

Use your Planner and/or Journal** 

# Weekly Sabbath Version

This morning, it is Sabbath. I choose to intentionally relax and not worry about anything from this past week, nor the week to come. It is God's gift to me.

I give everyone and everything to God right now and for the entirety or remainder of the Sabbath hours. In this palace of time and glimpse into eternity for 24 hours, it is my privilege to let God carry me so I can enjoy rest, worship, family and service.

Today I declare I don't have to work. I don't have to try, strive and earn a living. I let God be my true Provider and source of wealth and happiness and fulfillment.